



# 14. SKS Bike-Marathon Rund um Zierenberg

Zierenberg / 18.08.2013

□□□□

Hollwedel, Melanie

□□□: 3:32:13

□□: RSV Bruchhausen-Vilsen

□□: 15.83 km/h

□□: 109

□□: 56.00 km

□□□□□/□□□: 235 (of 286)

Halbmarathon

□□□□□/□: 14 (of 16)

□□□□□□: 2:31:31

□□□□:

□□□□□: 7(of 8)

Seniorinnen 1

□□□□□□□: 2:31:31

□□□□

□□□□

□□□

□□□	□□ km	□□ □□	□□ km/h	□□ -	□□ -	□□ □	□□ □	□□□ km	□□□ □□	□□□ km/h	□□ -	□□ -	□□ □	□□ □
Kontrolle A	7.00	32:36	12.88	5	8:47	10	8:47	7.00	32:36	12.88	7	8:47	14	8:47
Kontrolle B	33.00	1:58:24	16.72	6	30:02	11	30:02	40.00	2:31:00	15.89	7	38:49	14	38:49
Ziel	16.00	1:01:13	15.68	8	21:53	15	21:53	56.00	3:32:13	15.83	7	1:00:42	14	1:00:42