



11. EppsteinTrails

Eppstein / 18.08.2013

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Schmithals, Christian

□□□: 3:07:20

□□: Frankfurt

□□: 16.98 km/h

□□: 3129

□□: 53.00 km

□□□□□/□□□: 61 (of 129)

Mittelstrecke

□□□□□/□: 60 (of 121)

□□□□□□: 2:04:16

□□□□:

□□□□□: 20(of 38)

Senioren 1

□□□□□□□: 2:04:16

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	km	□□	km/h	-	-	□	□	km	□□	km/h	-	-	□	□
KR 2	7.50	31:38	13.28	26	10:49	77	10:49	7.50	31:38	13.28	4	1:39	67	
Zwischenzeit	7.50	25:28	16.49	21	7:14	57	7:14	15.00	57:06	15.76	4		67	
KJ 2	10.00	46:21	12.94	21	15:59	62	37:51	25.00	1:43:27	14.50	3		63	34:02
KJ 2	17.00	1:00:52	16.76	17	44:36	55	44:36	42.00	2:44:19	15.34	1	-	56	55:24
□□	11.00	23:01	28.67	15	7:40	48	7:40	53.00	3:07:20	16.98	20	1:03:04	61	1:03:04