



11. EppsteinTrails

Eppstein / 18.08.2013

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Hauk, Thomas

□□: TG Tria Rüsselsheim
 □□: 3097

□□: 53.00 km
 Mittelstrecke

□□□□:
 Senioren 1

□□□: 3:05:29

□□: 17.14 km/h

□□□□□/□□□: 58 (of 129)

□□□□□/□: 57 (of 121)

□□□□□□: 2:04:16

□□□□□: 18(of 38)

□□□□□□□: 2:04:16

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□□□	□□ km	□□ □□	□□ km/h	□□ -	□□ -	□□ □	□□ □	□□□ km	□□□ □□	□□□ km/h	□□ -	□□ -	□□ □	□□ □
KR 2	7.50	28:22	15.86	19	7:33	47	7:33	7.50	28:22	15.86	7		71	
Zwischenzeit	7.50	24:13	18.58	15	5:59	40	5:59	15.00	52:35	17.12	7		71	
KJ 2	10.00	43:24	13.82	18	13:02	52	34:54	25.00	1:35:59	15.63	6		67	26:34
KJ 2	17.00	1:05:10	15.65	22	48:54	66	48:54	42.00	2:41:09	15.64	14		60	52:14
□□	11.00	24:20	27.12	18	8:59	58	8:59	53.00	3:05:29	17.14	18	1:01:13	58	1:01:13