



Benz, Helena

□□: Team KettenKnecht

□□: 3081

□□: 53.00 km

Mittelstrecke

Seniorinnen 1

□□□: 3:22:07

□□: 15.73 km/h

\_\_\_\_\_\_ 71 (of 129)

□□□□/□: 3 (of 8)

□□□□□□: 2:46:54

\_\_\_\_: 2(of 4)

0000000: 2:46:54

	km		km/h	-	-			km		km/h	-	-		
KR 2	7.50	31:26	13.36	2	4:51	3	4:51	7.50	31:26	13.36	2	4:51	3	4:51
Zwischenzeit	7.50	27:00	15.56	2	3:32	3	3:32	15.00	58:26	15.40	2	8:23	3	8:23
KJ 2	10.00	49:36	12.10	2	8:12	3	8:12	25.00	1:48:02	13.88	2	16:35	3	16:35
KJ 2	17.00	1:07:17	15.16	2	12:45	3	12:45	42.00	2:55:19	14.37	2	29:20	3	29:20
	11.00	26:48	24.63	2	5:53	3	5:53	53.00	3:22:07	15.73	2	35:13	3	35:13