



11. EppsteinTrails
Eppstein / 18.08.2013

□□□□

Plesmann, Stefanie

□□: Bad Homburger SC

□□: 3076

□□: 53.00 km

Mittelstrecke

□□□□:

Seniorinnen 1

□□□: 3:46:49

□□: 14.02 km/h

□□□□□/□□□: 100 (of 129)

□□□□□/□: 5 (of 8)

□□□□□□: 2:46:54

□□□□□: 3(of 4)

□□□□□□□: 2:46:54

□□□□

□□□□

□□□

□□□	□□ km	□□ □□	□□ km/h	□□ -	□□ -	□□ □	□□ □	□□□ km	□□□ □□	□□□ km/h	□□ -	□□ -	□□ □	□□ □
KR 2	7.50	34:33	13.02	3	7:58	5	7:58	7.50	34:33	13.02	4	7:58	6	7:58
Zwischenzeit	7.50	29:57	15.03	3	6:29	5	6:29	15.00	1:04:30	13.95	4	14:27	6	14:27
KJ 2	10.00	56:29	10.62	3	15:05	5	15:05	25.00	2:00:59	12.40	4	29:32	6	29:32
KJ 2	17.00	1:17:22	13.18	3	22:50	7	22:50	42.00	3:18:21	12.70	3	52:22	5	52:22
□□	11.00	28:28	23.19	3	7:33	5	7:33	53.00	3:46:49	14.02	3	59:55	5	59:55