



# 11. EppsteinTrails

Eppstein / 18.08.2013

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Bärwald, Ralf

□□: BMK Saaletal Team

□□: 3037

□□: 53.00 km

Mittelstrecke

□□□□:

Senioren 2

□□□: 2:55:26

□□: 18.13 km/h

□□□□□/□□□: 40 (of 129)

□□□□□/□: 39 (of 121)

□□□□□□: 2:04:16

□□□□□: 20(of 56)

□□□□□□□: 2:11:21

□□□□

□□□□

□□□

| □□□          | □□<br>km | □□<br>□□ | □□<br>km/h | □□<br>- | □□<br>- | □□<br>□ | □□<br>□ | □□□<br>km | □□□<br>□□ | □□□<br>km/h | □□<br>- | □□<br>- | □□<br>□ | □□<br>□ |
|--------------|----------|----------|------------|---------|---------|---------|---------|-----------|-----------|-------------|---------|---------|---------|---------|
| KR 2         | 7.50     | 28:41    | 15.69      | 22      | 7:42    | 49      | 7:52    | 7.50      | 28:41     | 15.69       | 27      |         | 118     |         |
| Zwischenzeit | 7.50     | 24:35    | 18.31      | 22      | 5:42    | 50      | 6:21    | 15.00     | 53:16     | 16.90       | 27      |         | 118     |         |
| KJ 2         | 10.00    | 43:15    | 13.87      | 25      | 34:45   | 49      | 34:45   | 25.00     | 1:36:31   | 15.54       | 26      |         | 113     | 27:06   |
| KJ 2         | 17.00    | 57:04    | 17.87      | 20      | 14:58   | 39      | 40:48   | 42.00     | 2:33:35   | 16.41       | 24      |         | 104     | 44:40   |
| □□           | 11.00    | 21:51    | 30.21      | 22      | 5:34    | 38      | 6:30    | 53.00     | 2:55:26   | 18.13       | 21      | 44:05   | 40      | 51:10   |