



43. Brockenlauf

Ilseburg / 07.09.2013

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Vietz, Rudolf

□□: Langelsheim

□□: 981

□□: 26.20 km

26,2 km - Wanderung

□□□□:

Männer

□□□: 3:40:58

□□: 7.06 km/h

□□□□: 8:26 min/km

□□□□□/□□□: 1 (of 23)

□□□□□/□: 1 (of 10)

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
Loddenke	3.30	28:06	8:30	3	0:03	3	0:03	3.30	28:06	8:30	1	-	1	-	
Schlüsie	3.10	27:18	8:48	1	-	1	-	6.40	55:24	8:39	1	-	1	-	
Hermannsklippe	2.60	22:38	8:42	1	-	1	-	9.00	1:18:02	8:40	1	-	1	-	
Brocken	3.10	34:38	11:10	2	0:10	2	0:10	12.10	1:52:40	9:18	1	-	1	-	
Eiserner Handwe	3.60	31:55	8:51	5	2:40	5	2:40	15.70	2:24:35	9:12	1	-	1	-	
Schlüsie	4.10	29:20	7:09	4	2:37	4	2:37	19.80	2:53:55	8:47	1	-	1	-	
Loddenke	3.10	22:53	7:22	2	0:02	2	0:02	22.90	3:16:48	8:35	1	-	1	-	
Ilseburg/Markt	3.30	24:10	7:19	1	-	1	-	26.20	3:40:58	8:26	1	-	1	-	