



43. Brockenlauf

Ilseburg / 07.09.2013

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Camocardi, Mauricio

□□: Monumento Team Argentina
 □□: 390

□□: 26.20 km
 26,2 km - Lauf

□□□□:
 Senioren M30 (30-34 Jahre)

□□□: 2:05:40

□□: 12.41 km/h
 □□□□: 4:48 min/km

□□□□□/□□□: 26 (of 456)

□□□□□/□: 26 (of 399)

□□□□□□: 1:39:03

□□□□□: 3(of 32)

□□□□□□□: 1:39:03

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
Loddenke	3.30	16:29	4:59	11	3:54	75	3:58	3.30	16:29	4:59	31	-	26	3:54
Schlüsie	3.10	16:48	5:25	4	3:23	35	3:26	6.40	33:17	5:12	31	-	26	7:17
Hermannsklippe	2.60	14:53	5:43	5	3:13	35	3:20	9.00	48:10	5:21	31	-	26	10:30
Brocken	3.10	24:30	7:54	3	6:06	32	6:29	12.10	1:12:40	6:00	31	-	26	16:36
Eiserner Handwe	3.60	14:20	3:58	2	2:14	14	2:17	15.70	1:27:00	5:32	31	-	26	18:50
Schlüsie	4.10	13:22	3:15	2	2:24	10	2:24	19.80	1:40:22	5:04	31	-	26	21:14
Loddenke	3.10	11:50	3:49	2	2:26	19	2:26	22.90	1:52:12	4:53	31	-	26	23:40
Ilseburg/Markt	3.30	13:28	4:04	4	2:57	29	2:57	26.20	2:05:40	4:47	3	26:37	26	26:37