



43. Brockenlauf

Ilseburg / 07.09.2013

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Hillebrand, Josef

□□: Non-Stop-Ultra

□□: 999

□□: 26.20 km

26,2 km - Wanderung

□□□□:

Männer

□□□: 3:54:56

□□: 6.64 km/h

□□□□: 8:58 min/km

□□□□□/□□□: 6 (of 23)

□□□□□/□: 5 (of 10)

□□□□□□: 3:40:58

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
Loddenke	3.30	29:40	8:59	5	1:37	5	1:37	3.30	29:40	8:59	4	1:34	4	1:34	
Schlüsie	3.10	30:37	9:52	6	3:19	6	3:19	6.40	1:00:17	9:25	4	4:53	4	4:53	
Hermannsklippe	2.60	24:57	9:35	5	2:19	5	2:19	9.00	1:25:14	9:28	4	7:12	4	7:12	
Brocken	3.10	38:53	12:32	6	4:25	6	4:25	12.10	2:04:07	10:15	4	11:27	4	11:27	
Eiserner Handwe	3.60	29:15	8:07	1	-	1	-	15.70	2:33:22	9:46	4	8:47	4	8:47	
Schlüsie	4.10	29:02	7:04	2	2:19	2	2:19	19.80	3:02:24	9:12	4	8:29	4	8:29	
Loddenke	3.10	24:56	8:02	6	2:05	6	2:05	22.90	3:27:20	9:03	4	10:32	4	10:32	
Ilseburg/Markt	3.30	27:36	8:21	4	3:26	4	3:26	26.20	3:54:56	8:58	5	13:58	5	13:58	