



43. Brockenlauf

Ilseburg / 07.09.2013

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Däbernitz, Sven

□□: Nachterstedt
 □□: 350

Enduro Long Men

□□□□:
 Senioren M40 (40-44 Jahre)

□□□: 2:23:29

□□: - km/h
 □□□□: 5:29 min/km

□□□□□/□□□: 104 (of 456)

□□□□□/□: 99 (of 399)

□□□□□□: 1:39:03

□□□□□: 17(of 55)

□□□□□□□: 1:50:22

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
Loddenke	3.30	18:02	5:27	25	4:39	138	5:31	3.30	18:02	5:27	45	-	-	99	5:27
Schlüsie	3.10	18:35	5:59	16	4:08	99	5:13	6.40	36:37	5:43	44	-	-	91	10:37
Hermannsklippe	2.60	16:01	6:09	14	3:01	74	4:28	9.00	52:38	5:50	45	-	-	99	14:58
Brocken	3.10	24:57	8:02	10	4:39	43	6:56	12.10	1:17:35	6:24	45	-	-	99	21:31
Eiserner Handwe	3.60	18:18	5:04	34	5:00	164	6:15	15.70	1:35:53	6:06	45	-	-	99	27:43
Schlüsie	4.10	18:10	4:25	37	5:48	180	7:12	19.80	1:54:03	5:45	45	-	-	99	34:55
Loddenke	3.10	14:34	4:41	27	4:02	156	5:10	22.90	2:08:37	5:36	45	-	-	99	40:05
Ilseburg/Markt	3.30	14:52	4:30	19	2:45	89	4:21	-	2:23:29	-	17	33:07	-	99	44:26