



43. Brockenlauf

Ilseburg / 07.09.2013

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Gastmann, Andreas

□□: TUS Bothfeld
 □□: 113

Enduro Long Men

□□□□:
 Senioren M45 (45-49 Jahre)

□□□: 2:45:03

□□: - km/h
 □□□□: 6:18 min/km

□□□□□/□□□: 253 (of 456)

□□□□□/□: 229 (of 399)

□□□□□□: 1:39:03

□□□□□: 54(of 99)

□□□□□□□: 2:00:26

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
Loddenke	3.30	19:42	5:58	51	5:30	219	7:11	3.30	19:42	5:58	22	-	187	7:07
Schlüsie	3.10	21:07	6:48	52	5:03	221	7:45	6.40	40:49	6:22	22	-	229	14:49
Hermannsklippe	2.60	19:21	7:26	55	5:06	227	7:48	9.00	1:00:10	6:41	22	-	229	22:30
Brocken	3.10	30:33	9:51	42	7:55	183	12:32	12.10	1:30:43	7:29	22	-	229	34:39
Eiserner Handwe	3.60	18:54	5:14	49	4:31	193	6:51	15.70	1:49:37	6:58	22	-	229	41:27
Schlüsie	4.10	19:57	4:51	63	5:57	262	8:59	19.80	2:09:34	6:32	22	-	229	50:26
Loddenke	3.10	16:50	5:25	69	5:41	276	7:26	22.90	2:26:24	6:23	22	-	229	57:52
Ilseburg/Markt	3.30	18:39	5:39	69	6:32	275	8:08	-	2:45:03	-	54	44:37	229	1:06:00