



43. Brockenlauf

Ilseburg / 07.09.2013

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Brüchner, Marion

□□: Fairplay

□□: 84

□□: 26.20 km

26,2 km - Lauf

□□□□:

Seniorinnen W40 (40-44 Jahre)

□□□: 2:47:37

□□: 9.31 km/h

□□□□: 6:24 min/km

□□□□□/□□□: 272 (of 456)

□□□□□/□: 27 (of 57)

□□□□□□: 2:11:42

□□□□□: 6(of 11)

□□□□□□□: 2:25:06

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
Loddenke	3.30	19:47	5:59	5	2:44	21	4:06	3.30	19:47	5:59	6	2:44	56		
Schlüsie	3.10	20:45	6:41	4	1:30	15	3:21	6.40	40:32	6:19	6	4:14	56		
Hermannsklippe	2.60	18:22	7:03	3	1:14	12	3:06	9.00	58:54	6:32	6	5:28	56		
Brocken	3.10	30:38	9:52	3	1:35	13	6:13	12.10	1:29:32	7:23	6	7:03	56		
Eiserner Handwe	3.60	20:06	5:35	7	2:51	31	4:15	15.70	1:49:38	6:58	6	9:54	56		
Schlüsie	4.10	20:28	4:59	7	3:48	34	6:05	19.80	2:10:06	6:34	6	13:42	56		
Loddenke	3.10	17:28	5:38	10	3:50	42	5:13	22.90	2:27:34	6:26	6	17:32	56		
Ilseburg/Markt	3.30	20:03	6:04	10	4:59	47	6:43	26.20	2:47:37	6:23	6	22:31	27	35:55	