



# 43. Brockenlauf

Ilseburg / 07.09.2013

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**Wolff, Silke**

□□: Garmisch-Partenkirchen  
 □□: 26

□□: 26.20 km  
 26,2 km - Lauf

□□□□:  
 Seniorinnen W45 (45-49 Jahre)

□□□: 2:55:29

□□: 8.89 km/h  
 □□□□: 6:42 min/km

□□□□□/□□□: 309 (of 456)

□□□□□/□: 33 (of 57)

□□□□□□: 2:11:42

□□□□□: 6(of 13)

□□□□□□□: 2:27:27

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
Loddenke	3.30	21:17	6:26	7	2:43	38	5:36	3.30	21:17	6:26	6	2:43	5	
Schlüsie	3.10	23:28	7:34	9	3:26	42	6:04	6.40	44:45	6:59	6	6:09	5	
Hermannsklippe	2.60	21:48	8:23	7	3:34	40	6:32	9.00	1:06:33	7:23	6	9:43	5	
Brocken	3.10	36:45	11:51	8	6:25	45	12:20	12.10	1:43:18	8:32	6	16:07	5	
Eiserner Handwe	3.60	20:03	5:34	6	3:41	30	4:12	15.70	2:03:21	7:51	6	19:48	5	
Schlüsie	4.10	18:40	4:33	5	2:54	18	4:17	19.80	2:22:01	7:10	6	22:42	5	
Loddenke	3.10	15:21	4:57	4	2:08	23	3:06	22.90	2:37:22	6:52	6	24:50	5	
Ilseburg/Markt	3.30	18:07	5:29	5	3:12	33	4:47	26.20	2:55:29	6:41	6	28:02	33	43:47