



# 43. Brockenlauf

Ilsenburg / 07.09.2013

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Kugenbuch, Henrike

□□: Brockenlaufverein Ilsenburg  
 □□: 976

□□: 26.20 km  
 26,2 km - Wanderung

□□□□:  
 Frauen

□□□: 4:41:42

□□: 5.54 km/h  
 □□□□: 10:45 min/km

□□□□□/□□□: 18 (of 23)

□□□□□/□: 9 (of 13)

□□□□□□: 3:54:08

□□□□□: 9(of 13)

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
Loddenke	3.30	34:01	10:18	10	5:09	10	5:09	3.30	34:01	10:18	8	5:09	8	5:09
Schlüsie	3.10	34:53	11:15	10	6:15	10	6:15	6.40	1:08:54	10:45	9	11:24	9	11:24
Hermannsklippe	2.60	29:05	11:11	6	4:30	6	4:30	9.00	1:37:59	10:53	9	15:54	9	15:54
Brocken	3.10	43:49	14:08	7	6:52	7	6:52	12.10	2:21:48	11:43	8	22:46	8	22:46
Eiserner Handwe	3.60	37:29	10:24	8	7:55	8	7:55	15.70	2:59:17	11:25	9	27:20	9	27:20
Schlüsie	4.10	37:13	9:04	11	8:23	11	8:23	19.80	3:36:30	10:56	9	32:54	9	32:54
Loddenke	3.10	31:04	10:01	10	10:14	10	10:14	22.90	4:07:34	10:48	9	39:57	9	39:57
Ilsenburg/Markt	3.30	34:08	10:20	11	9:52	11	9:52	26.20	4:41:42	10:45	9	47:34	9	47:34