



# 43. Brockenlauf

Ilseburg / 07.09.2013

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**Baschin, Andrea**

□□: LV.ASPA. Wolfsburg

□□: 63

□□: 26.20 km

26,2 km - Lauf

□□□□:

Seniorinnen W50 (50-54 Jahre)

□□□: 2:57:31

□□: 8.86 km/h

□□□□: 6:47 min/km

□□□□□/□□□: 320 (of 456)

□□□□□/□: 36 (of 57)

□□□□□□: 2:11:42

□□□□□: 5(of 8)

□□□□□□□: 2:23:33

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□□□□

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
Loddenke	3.30	21:47	6:36	6	4:37	42	6:06	3.30	21:47	6:36	5	4:37	8		
Schlüsie	3.10	22:41	7:19	7	3:40	36	5:17	6.40	44:28	6:56	5	8:17	8		
Hermannsklippe	2.60	20:14	7:46	7	3:20	31	4:58	9.00	1:04:42	7:11	5	11:37	8		
Brocken	3.10	33:33	10:49	7	9:08	29	9:08	12.10	1:38:15	8:07	5	20:45	8		
Eiserner Handwe	3.60	22:24	6:13	6	4:44	43	6:33	15.70	2:00:39	7:41	5	25:29	8		
Schlüsie	4.10	22:22	5:27	6	5:16	45	7:59	19.80	2:23:01	7:13	5	30:45	8		
Loddenke	3.10	16:39	5:22	5	2:04	37	4:24	22.90	2:39:40	6:58	5	32:49	8		
Ilseburg/Markt	3.30	17:51	5:24	4	2:15	30	4:31	26.20	2:57:31	6:46	5	33:58	36	45:49	