



43. Brockenlauf

Ilseburg / 07.09.2013

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Schieck, Regina

□□: Leiptig

□□: 973

□□: 26.20 km

26,2 km - Wanderung

□□□□:

Frauen

□□□: 3:58:55

□□: 6.58 km/h

□□□□: 9:07 min/km

□□□□□/□□□: 9 (of 23)

□□□□□/□: 3 (of 13)

□□□□□□: 3:54:08

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
Loddenke	3.30	30:15	9:10	5	1:23	5	1:23	3.30	30:15	9:10	10	1:23	10	1:23
Schlüsie	3.10	30:10	9:43	3	1:32	3	1:32	6.40	1:00:25	9:26	10	2:55	10	2:55
Hermannsklippe	2.60	25:27	9:47	3	0:52	3	0:52	9.00	1:25:52	9:32	10	3:47	10	3:47
Brocken	3.10	41:14	13:18	3	4:17	3	4:17	12.10	2:07:06	10:30	10	8:04	10	8:04
Eiserner Handwe	3.60	29:34	8:12	1	-	1	-	15.70	2:36:40	9:58	10	4:43	10	4:43
Schlüsie	4.10	29:52	7:17	3	1:02	3	1:02	19.80	3:06:32	9:25	10	2:56	10	2:56
Loddenke	3.10	25:01	8:04	3	4:11	3	4:11	22.90	3:31:33	9:14	10	3:56	10	3:56
Ilseburg/Markt	3.30	27:22	8:17	4	3:06	4	3:06	26.20	3:58:55	9:07	3	4:47	3	4:47