



43. Brockenlauf

Ilseburg / 07.09.2013

□□□□

Spannaus, Hans - Ullrich

□□: Universitätsmedizin Halle
 □□: 124

Enduro Long Men

□□□□:
 Senioren M55 (55-59 Jahre)

□□□: 3:24:29

□□: - km/h
 □□□□: 7:48 min/km

□□□□□/□□□: 414 (of 456)

□□□□□/□: 366 (of 399)

□□□□□□: 1:39:03

□□□□□: 25(of 30)

□□□□□□□: 2:11:15

□□□□

□□□□

□□□

□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
Loddenke	3.30	20:37	6:14	18	4:40	277	8:06	3.30	20:37	6:14	7			336	8:02
Schlüsie	3.10	24:50	8:00	26	7:58	357	11:28	6.40	45:27	7:06	7	1:22		366	19:27
Hermannsklippe	2.60	24:26	9:23	26	9:14	369	12:53	9.00	1:09:53	7:45	7	3:52		366	32:13
Brocken	3.10	36:52	11:53	20	10:42	333	18:51	12.10	1:46:45	8:49	7	6:04		366	50:41
Eiserner Handwe	3.60	28:14	7:50	28	12:40	385	16:11	15.70	2:14:59	8:35	7	14:34		366	1:06:49
Schlüsie	4.10	25:11	6:08	27	10:08	369	14:13	19.80	2:40:10	8:05	7	20:38		366	1:21:02
Loddenke	3.10	20:48	6:42	26	8:05	371	11:24	22.90	3:00:58	7:54	7	25:21		366	1:32:26
Ilseburg/Markt	3.30	23:31	7:07	27	9:47	372	13:00	-	3:24:29	-	25	1:13:14		366	1:45:26