



Langenberg-Marathon
Bruchhausen / 05.10.2013

0000

Akkermans, Ruben

00: Den bosch

00: 2046

00: 70.00 km

Mitteldistanz

0000:

Senioren I

000: 4:13:20

00: 16.58 km/h

0000: 3:37 min/km

00000/000: 52 (of 144)

00000/0: 50 (of 135)

000000: 3:05:22

00000: 10(of 37)

0000000: 3:26:27

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000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
Rundenkontrolle	35.00	2:10:56	3:44	14	31:36	63	39:55	35.00	2:10:56	3:44	14	6:14	51	11:28
00	-	2:02:24	-	8	23:23	40	29:19	70.00	4:13:20	-	23	2:34:19	80	2:34:19