



Langenberg-Marathon
Bruchhausen / 05.10.2013

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Heinz, Werner

00: -
00: 2094

00: 70.00 km
Mitteldistanz

0000:
Senioren II

000: 4:16:20

00: 16.38 km/h
0000: 3:40 min/km

00000/000: 54 (of 144)

00000/0: 52 (of 135)

000000: 3:05:22

00000: 27(of 66)

0000000: 3:05:22

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000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
Rundenkontrolle	35.00	2:04:46	3:33	28	33:45	56	33:45	35.00	2:04:46	3:33	2		53	5:18
00	-	2:11:34	-	30	37:13	58	38:29	70.00	4:16:20	-	40	1:58:55	82	2:37:19