



Iwanoff, Gregor

□□: Odenthal
□□: 3038

□□: 105.00 km Langdistanz

Senioren I

□□□: 5:30:11

□□: 19.08 km/h

□□□: 3:08 min/km

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□□□□□□: 5:03:57

□□□□: 2(of 7)

□□□□□□: 5:29:56

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Rundenkontrolle	km 2 35.00		min/km 2:56	1	-	6	[] 6:49	km 35.00	1:43:10	min/km 2:56	4	-	11	Ш

Rundenkontrolle 35.00 1:50:38 3:09 2 0:28 11 1:49:15 70.00 3:33:48 3:03 2 14

35.00 1:56:23 3:19 2 3:06 5 10:06 105.00 5:30:11 3:08 6 3:11:31 20 3:11:31