



Langenberg-Marathon
Bruchhausen / 05.10.2013

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Iwanoff, Gregor

00: Odenthal

00: 3038

00: 105.00 km

Langdistanz

0000:

Senioren I

000: 5:30:11

00: 19.08 km/h

0000: 3:08 min/km

00000/000: 9 (of 41)

00000/0: 9 (of 39)

000000: 5:03:57

00000: 2(of 7)

0000000: 5:29:56

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000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
Rundenkontrolle	35.00	1:43:10	2:56	1	-	6	6:49	35.00	1:43:10	2:56	4	-	11	
Rundenkontrolle	35.00	1:50:38	3:09	2	0:28	11	1:49:15	70.00	3:33:48	3:03	2	-	14	
00	35.00	1:56:23	3:19	2	3:06	5	10:06	105.00	5:30:11	3:08	6	3:11:31	20	3:11:31