



7. Schlaubetal-Marathon
Eisenhüttenstadt / 19.10.2013

0000

Lappe, Matthias

00: LG eXa

00: 695

00: 43.00 km

Cross-Marathon

0000:

Senioren M45 (45-49 Jahre)

000: 2:59:18

00: 14.39 km/h

0000: 4:10 min/km

00000/000: 3 (of 105)

00000/0: 3 (of 82)

000000: 2:49:01

00000: 1(of 22)

0000000: 2:59:18

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000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
00 1	11.60	47:13	4:04	2	3:14	4	3:16	11.60	47:13	4:04	12	-	58	
00 2	19.00	1:19:28	4:10	2	1:06	4	4:59	30.60	2:06:41	4:08	12	-	59	
00 3	1.70	12:18	7:14	1	-	2	0:06	32.30	2:18:59	4:18	12	-	59	
000 00	10.70	40:19	3:46	1	-	2	1:56	43.00	2:59:18	4:10	1	-	3	10:17