



7. Schlaubetal-Marathon
Eisenhüttenstadt / 19.10.2013

0000

Niedzwetzki, Michael

00: A3K

00: 718

00: 43.00 km

Cross-Marathon

0000:

Senioren M50 (50-54 Jahre)

000: 3:23:01

00: 12.71 km/h

0000: 4:43 min/km

00000/000: 8 (of 105)

00000/0: 8 (of 82)

000000: 2:49:01

00000: 2(of 14)

0000000: 3:09:38

0000

0000

000

000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
00 1	11.60	51:47	4:27	3	3:53	11	7:50	11.60	51:47	4:27	2	2:20	55	
00 2	19.00	1:29:50	4:43	2	6:52	10	15:21	30.60	2:21:37	4:37	2	9:12	54	
00 3	1.70	15:44	9:15	3	1:52	24	3:32	32.30	2:37:21	4:52	2	11:04	54	
000 00	10.70	45:40	4:16	2	2:19	7	7:17	43.00	3:23:01	4:43	2	13:23	8	34:00