



7. Schlaubetal-Marathon
Eisenhüttenstadt / 19.10.2013

□□□□

Kottwitz, Denise

□□: Spremberg

□□: 685

□□: 43.00 km

Cross-Marathon

□□□□:

Seniorinnen W35 (35-39 Jahre)

□□□: 4:19:59

□□: 9.92 km/h

□□□□: 6:03 min/km

□□□□□/□□□: 64 (of 105)

□□□□□/□: 12 (of 23)

□□□□□□: 3:37:16

□□□□□: 3(of 4)

□□□□□□□: 3:45:11

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□□□□

□□□

| □□□ | □□ km | □□ □□ | □□ min/km | □□ - | □□ - | □□ □ | □□ □ | □□□ | □□□ km | □□□ □□ | □□□ min/km | □□ - | □□ - | □□ □ | □□ □ |
|--------|----------|----------|--------------|---------|---------|---------|---------|-------|-----------|-----------|---------------|---------|---------|---------|---------|
| □□ 1 | 11.60 | 1:05:03 | 5:36 | 3 | 6:37 | 14 | 17:09 | 11.60 | 1:05:03 | 5:36 | 3 | 6:37 | 1 | - | |
| □□ 2 | 19.00 | 1:53:54 | 5:59 | 3 | 16:19 | 12 | 17:54 | 30.60 | 2:58:57 | 5:50 | 3 | 22:56 | 1 | - | |
| □□ 3 | 1.70 | 18:49 | 11:04 | 3 | 2:10 | 14 | 3:59 | 32.30 | 3:17:46 | 6:07 | 3 | 25:06 | 1 | - | |
| □□□ □□ | 10.70 | 1:02:13 | 5:48 | 3 | 9:42 | 13 | 14:05 | 43.00 | 4:19:59 | 6:02 | 3 | 34:48 | 12 | 42:43 | |