

7. Schlaubetal-Marathon Eisenhüttenstadt / 19.10.2013



Schnapke, Ines

□□: T-Rex Team

□□: 704

□□: 43.00 km Cross-Marathon

Seniorinnen W45 (45-49 Jahre)

□□□: 4:58:12

□□: 8.65 km/h

□□□□: 6:56 min/km

______ 90 (of 105)

□□□□/□: 19 (of 23)

____: 3:37:16

____: 7(of 7)

____: 4:01:44

	km		min/km	-	-			km		min/km	-	-		
□□ 1	11.60	47:54	4:07	1	-	1	-	11.60	47:54	4:07	7		6	
□□ 2	19.00	2:25:27	7:39	7	39:33	22	49:27	30.60	3:13:21	6:19	7	24:54	6	14:24
□□ 3	1.70	23:05	13:34	7	5:53	22	8:15	32.30	3:36:26	6:42	7	30:47	6	18:40
000 00	10.70	1:21:46	7:38	7	25:41	23	33:38	43.00	4:58:12	6:56	7	56:28	19	1:20:56