



# 12. Untertage-Sparkassen-Marathon

Brügman- Schacht, Sondershausen / 16.11.2013

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Thorhauer, Henriette

00: SV Glückauf Sondershausen  
00: 308

00: 42.18 km  
Marathon

0000:  
Seniorinnen W45 (45-49 Jahre)

000: 4:10:21

00: 10.07 km/h  
0000: 5:56 min/km

00000/000: 41 (of 220)

00000/0: 3 (of 26)

000000: 3:50:37

00000: 3(of 8)

0000000: 3:50:37

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000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
Runde	3.47	18:28	5:19	3	1:03	3	1:03	3.47	18:28	5:19	3	1:03	22	
Runde	3.47	19:18	5:33	3	1:49	3	1:49	6.94	37:46	5:26	3	2:52	22	
Runde	3.47	20:16	5:50	3	2:07	3	2:07	10.41	58:02	5:34	3	4:59	16	4:59
Runde	3.47	20:10	5:48	3	1:07	3	1:07	13.88	1:18:12	5:38	3	6:06	22	
Runde	3.47	20:27	5:53	3	1:30	3	1:30	17.35	1:38:39	5:41	3	7:36	20	2:53
Runde	3.47	20:47	5:59	3	1:18	3	1:18	20.82	1:59:26	5:44	3	8:54	21	
Runde	3.47	22:10	6:23	3	2:46	3	2:46	24.29	2:21:36	5:49	2	4:54	21	4:54
Runde	3.47	21:32	6:12	3	1:44	3	1:44	27.76	2:43:08	5:52	3	13:24	19	5:21
Runde	3.47	21:27	6:10	2	1:21	2	1:21	31.23	3:04:35	5:54	3	14:45	20	5:00
Runde	3.47	21:37	6:13	2	1:32	2	1:32	34.70	3:26:12	5:56	2	4:29	19	
Runde	3.47	22:16	6:25	3	1:57	3	1:57	38.17	3:48:28	5:59	3	18:14	20	
Runde	3.97	21:53	5:30	3	1:30	3	1:30	42.18	4:10:21	5:56	3	19:44	6	3:26:29