



12. Untertage-Sparkassen-Marathon

Brügman- Schacht, Sondershausen / 16.11.2013

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Gäbe, Enrico

□□: SV Kyffhäuser

□□: 89

□□: 42.18 km

Marathon

□□□□:

Senioren M30 (30-34 Jahre)

□□□: 4:14:23

□□: 9.91 km/h

□□□□: 6:02 min/km

□□□□□/□□□: 44 (of 220)

□□□□□/□: 41 (of 194)

□□□□□□: 3:07:34

□□□□□: 8(of 14)

□□□□□□□: 3:13:54

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
Runde	3.47	17:52	5:08	6	2:46	42	3:24	3.47	17:52	5:08	7	2:46	42		
Runde	3.47	17:36	5:04	4	2:23	26	3:00	6.94	35:28	5:06	7	5:09	42		
Runde	3.47	17:44	5:06	4	2:38	21	2:48	10.41	53:12	5:06	7	7:47	41		
Runde	3.47	18:41	5:23	5	3:35	32	3:35	13.88	1:11:53	5:10	5	11:22	29		
Runde	3.47	18:15	5:15	3	3:00	20	3:00	17.35	1:30:08	5:11	7	14:22	41		
Runde	3.47	18:45	5:24	4	3:08	22	3:19	20.82	1:48:53	5:13	7	17:30	40		
Runde	3.47	19:38	5:39	7	4:10	29	4:31	24.29	2:08:31	5:17	6	21:40	29	23:21	
Runde	3.47	23:04	6:38	9	7:00	77	7:21	27.76	2:31:35	5:27	6	26:03	38	26:03	
Runde	3.47	22:51	6:35	8	6:08	54	6:37	31.23	2:54:26	5:35	7	34:48	39	37:19	
Runde	3.47	26:49	7:43	11	9:51	111	10:15	34.70	3:21:15	5:47	6	44:39	31	47:31	
Runde	3.47	26:41	7:41	8	8:04	95	9:49	38.17	3:47:56	5:58	6	52:43	38	57:13	
Runde	3.97	26:27	6:39	9	7:46	102	9:36	42.18	4:14:23	6:01	8	1:00:29	44	2:52:34	