



12. Untertage-Sparkassen-Marathon

Brügman- Schacht, Sondershausen / 16.11.2013

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Müller, Kai

□□: Mobau Rostock
 □□: 206

□□: 42.18 km
 Marathon

□□□□:
 Senioren M40 (40-44 Jahre)

□□□: 4:14:26

□□: 9.90 km/h
 □□□□: 6:02 min/km

□□□□□/□□□: 45 (of 220)

□□□□□/□: 42 (of 194)

□□□□□□: 3:07:34

□□□□□: 10(of 42)

□□□□□□□: 3:33:09

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
Runde	3.47	20:06	5:47	19	3:47	76	5:38	3.47	20:06	5:47	31	-	43	-
Runde	3.47	18:53	5:26	12	2:32	49	4:17	6.94	38:59	5:37	14	-	43	-
Runde	3.47	18:16	5:15	7	1:48	33	3:20	10.41	57:15	5:29	27	-	42	-
Runde	3.47	18:49	5:25	8	2:25	35	3:43	13.88	1:16:04	5:28	30	-	30	-
Runde	3.47	19:19	5:34	9	3:14	38	4:04	17.35	1:35:23	5:29	31	-	42	-
Runde	3.47	19:41	5:40	9	2:50	39	4:15	20.82	1:55:04	5:31	29	-	41	-
Runde	3.47	19:57	5:44	9	2:25	35	4:50	24.29	2:15:01	5:33	27	-	30	29:51
Runde	3.47	21:21	6:09	13	3:50	44	5:38	27.76	2:36:22	5:37	27	-	39	30:50
Runde	3.47	21:22	6:09	9	3:39	32	5:08	31.23	2:57:44	5:41	30	-	40	40:37
Runde	3.47	22:28	6:28	6	3:34	33	5:54	34.70	3:20:12	5:46	30	-	32	46:28
Runde	3.47	26:28	7:37	24	5:53	88	9:36	38.17	3:46:40	5:56	31	-	39	55:57
Runde	3.97	27:46	6:59	34	7:43	123	10:55	42.18	4:14:26	6:01	10	41:17	45	2:52:37