



# 12. Untertage-Sparkassen-Marathon

Brügman- Schacht, Sondershausen / 16.11.2013

□□□□

Gentz, Armin

□□□: 4:15:02

□□: Gransee

□□: 9.88 km/h

□□: 93

□□□□: 6:03 min/km

□□: 42.18 km

□□□□□/□□□: 50 (of 220)

Marathon

□□□□□/□: 47 (of 194)

□□□□□□: 3:07:34

□□□□:

□□□□□: 13(of 42)

Senioren M40 (40-44 Jahre)

□□□□□□□: 3:33:09

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□	□□□	□□ -	□□ -	□□ □	□□ □
Runde	3.47	19:19	5:34	13	3:00	58	4:51	3.47	19:19	5:34	34	-	49	
Runde	3.47	20:13	5:49	20	3:52	84	5:37	6.94	39:32	5:41	34	-	49	
Runde	3.47	19:54	5:44	18	3:26	71	4:58	10.41	59:26	5:42	30	-	48	
Runde	3.47	20:01	5:46	19	3:37	66	4:55	13.88	1:19:27	5:43	33	-	36	
Runde	3.47	20:17	5:50	18	4:12	66	5:02	17.35	1:39:44	5:44	34	-	48	
Runde	3.47	20:00	5:45	12	3:09	45	4:34	20.82	1:59:44	5:45	32	-	46	
Runde	3.47	20:19	5:51	12	2:47	39	5:12	24.29	2:20:03	5:45	30	-	36	34:53
Runde	3.47	20:55	6:01	10	3:24	40	5:12	27.76	2:40:58	5:47	30	-	45	35:26
Runde	3.47	22:01	6:20	10	4:18	43	5:47	31.23	3:02:59	5:51	39	-	178	45:52
Runde	3.47	23:29	6:46	8	4:35	43	6:55	34.70	3:26:28	5:57	33	-	38	52:44
Runde	3.47	24:31	7:03	12	3:56	49	7:39	38.17	3:50:59	6:03	34	-	45	1:00:16
Runde	3.97	24:03	6:03	13	4:00	49	7:12	42.18	4:15:02	6:02	13	41:53	50	2:53:13