



12. Untertage-Sparkassen-Marathon

Brügman- Schacht, Sondershausen / 16.11.2013

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Hohls, Dominik

□□□: 4:15:13

□□: Assel on the road!

□□: 9.87 km/h

□□: 135

□□□□: 6:03 min/km

□□: 42.18 km

□□□□□/□□□: 51 (of 220)

Marathon

□□□□□/□: 48 (of 194)

□□□□□□: 3:07:34

□□□□:

□□□□□: 6(of 24)

Senioren M35 (35-39 Jahre)

□□□□□□□: 3:07:34

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
Runde	3.47	21:41	6:14	16	7:13	130	7:13	3.47	21:41	6:14	19	3:38	50		
Runde	3.47	20:58	6:02	15	6:22	98	6:22	6.94	42:39	6:08	19	5:25	50		
Runde	3.47	20:47	5:59	12	5:51	84	5:51	10.41	1:03:26	6:05	11	6:15	49		
Runde	3.47	21:02	6:03	11	5:43	81	5:56	13.88	1:24:28	6:05	19	6:24	37		
Runde	3.47	21:23	6:09	10	6:05	83	6:08	17.35	1:45:51	6:06	18	5:46	49	0:33	
Runde	3.47	21:56	6:19	10	6:30	85	6:30	20.82	2:07:47	6:08	22	4:30	182		
Runde	3.47	19:17	5:33	3	4:10	22	4:10	24.29	2:27:04	6:03	19		37	41:54	
Runde	3.47	18:23	5:17	2	2:40	10	2:40	27.76	2:45:27	5:57	15		46	39:55	
Runde	3.47	19:05	5:29	2	2:51	10	2:51	31.23	3:04:32	5:54	15	23:48	43	47:25	
Runde	3.47	21:18	6:08	3	4:41	22	4:44	34.70	3:25:50	5:55	15		39	52:06	
Runde	3.47	24:58	7:11	7	7:59	60	8:06	38.17	3:50:48	6:02	16	26:21	46	1:00:05	
Runde	3.97	24:25	6:09	8	7:34	59	7:34	42.18	4:15:13	6:03	7	1:40:26	51	2:53:24	