



12. Untertage-Sparkassen-Marathon

Brügman- Schacht, Sondershausen / 16.11.2013

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Gröbel, Arvid Thies

□□□: 4:16:30

□□: TVS Sangerhausen

□□: 9.82 km/h

□□: 102

□□□□: 6:05 min/km

□□: 42.18 km

□□□□□/□□□: 54 (of 220)

Marathon

□□□□□/□: 51 (of 194)

□□□□□□: 3:07:34

□□□□:

□□□□□: 6(of 13)

Männer (20-29 Jahre)

□□□□□□□: 3:23:57

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
Runde	3.47	17:22	5:00	2	1:09	27	2:54	3.47	17:22	5:00	6			53	
Runde	3.47	18:07	5:13	5	1:34	40	3:31	6.94	35:29	5:06	6	1:08		53	
Runde	3.47	18:47	5:24	4	2:13	43	3:51	10.41	54:16	5:12	6	3:21		52	
Runde	3.47	19:21	5:34	6	2:45	50	4:15	13.88	1:13:37	5:18	5	6:06		40	
Runde	3.47	19:21	5:34	4	2:11	39	4:06	17.35	1:32:58	5:21	6	8:17		52	
Runde	3.47	19:40	5:40	4	2:54	38	4:14	20.82	1:52:38	5:24	6	11:11		49	
Runde	3.47	21:25	6:10	6	4:14	62	6:18	24.29	2:14:03	5:31	6	15:25	40	28:53	
Runde	3.47	22:41	6:32	7	5:35	67	6:58	27.76	2:36:44	5:38	6	21:00	49	31:12	
Runde	3.47	24:09	6:57	6	7:10	76	7:55	31.23	3:00:53	5:47	11	28:10	171	43:46	
Runde	3.47	24:42	7:07	6	8:08	69	8:08	34.70	3:25:35	5:55	6	36:18	42	51:51	
Runde	3.47	26:01	7:29	7	9:09	80	9:09	38.17	3:51:36	6:04	5	17:33	42	1:00:53	
Runde	3.97	24:54	6:16	6	7:06	70	8:03	42.18	4:16:30	6:04	6	52:33	54	2:54:41	