



12. Untertage-Sparkassen-Marathon

Brügman- Schacht, Sondershausen / 16.11.2013

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Schüler, Frank

□□□: 4:16:44

□□: Biau-Weiss Petershagen/Eggersd.

□□: 9.82 km/h

□□: 269

□□□□: 6:05 min/km

□□: 42.18 km

□□□□□/□□□: 55 (of 220)

Marathon

□□□□□/□: 52 (of 194)

□□□□□□: 3:07:34

□□□□:

□□□□□: 6(of 38)

Senioren M50 (50-54 Jahre)

□□□□□□□: 3:42:15

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
Runde	3.47	19:08	5:30	7	3:16	53	4:40	3.47	19:08	5:30	25			54	
Runde	3.47	19:10	5:31	6	3:28	62	4:34	6.94	38:18	5:31	25			54	
Runde	3.47	19:48	5:42	8	3:42	69	4:52	10.41	58:06	5:34	21	6:58		53	
Runde	3.47	20:05	5:47	5	3:27	68	4:59	13.88	1:18:11	5:37	24			41	
Runde	3.47	20:27	5:53	8	3:39	69	5:12	17.35	1:38:38	5:41	23			53	
Runde	3.47	20:44	5:58	7	3:43	64	5:18	20.82	1:59:22	5:43	25			50	
Runde	3.47	21:23	6:09	6	3:58	61	6:16	24.29	2:20:45	5:47	24			41	35:35
Runde	3.47	21:54	6:18	6	4:03	54	6:11	27.76	2:42:39	5:51	24			35	37:07
Runde	3.47	22:25	6:27	6	3:29	47	6:11	31.23	3:05:04	5:55	37			182	47:57
Runde	3.47	23:42	6:49	7	2:12	49	7:08	34.70	3:28:46	6:00	26			43	55:02
Runde	3.47	23:38	6:48	7	2:29	40	6:46	38.17	3:52:24	6:05	25			50	1:01:41
Runde	3.97	24:20	6:07	8	3:23	54	7:29	42.18	4:16:44	6:05	6	34:29		55	2:54:55