



12. Untertage-Sparkassen-Marathon

Brügman- Schacht, Sondershausen / 16.11.2013

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Egger, Marco

□□: LLG Wustweiler
 □□: 63

□□: 42.18 km
 Marathon

□□□□:
 Senioren M40 (40-44 Jahre)

□□□: 4:17:05

□□: 9.80 km/h
 □□□□: 6:05 min/km

□□□□□/□□□: 56 (of 220)

□□□□□/□: 53 (of 194)

□□□□□□: 3:07:34

□□□□□: 15(of 42)

□□□□□□□: 3:33:09

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
Runde	3.47	20:17	5:50	20	3:58	79	5:49	3.47	20:17	5:50	36	-	55	
Runde	3.47	18:55	5:27	13	2:34	50	4:19	6.94	39:12	5:38	36	-	55	
Runde	3.47	18:58	5:27	13	2:30	47	4:02	10.41	58:10	5:35	32	-	54	
Runde	3.47	18:58	5:27	9	2:34	37	3:52	13.88	1:17:08	5:33	35	-	42	
Runde	3.47	19:22	5:34	10	3:17	40	4:07	17.35	1:36:30	5:33	36	-	54	
Runde	3.47	20:32	5:55	17	3:41	58	5:06	20.82	1:57:02	5:37	34	-	51	
Runde	3.47	19:52	5:43	7	2:20	33	4:45	24.29	2:16:54	5:38	32	-	42	31:44
Runde	3.47	20:56	6:01	11	3:25	41	5:13	27.76	2:37:50	5:41	32	-	51	32:18
Runde	3.47	22:33	6:29	14	4:50	48	6:19	31.23	3:00:23	5:46	32	-	45	43:16
Runde	3.47	23:39	6:48	11	4:45	47	7:05	34.70	3:24:02	5:52	35	-	44	50:18
Runde	3.47	27:11	7:50	29	6:36	106	10:19	38.17	3:51:13	6:03	36	-	51	1:00:30
Runde	3.97	25:52	6:30	24	5:49	93	9:01	42.18	4:17:05	6:05	15	43:56	56	2:55:16