



12. Untertage-Sparkassen-Marathon

Brügman- Schacht, Sondershausen / 16.11.2013

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Klammer, Christian

□□□: 4:20:52

□□: Laufwunder Steyr

□□: 9.66 km/h

□□: 161

□□□□: 6:11 min/km

□□: 42.18 km

□□□□□/□□□: 61 (of 220)

Marathon

□□□□□/□: 58 (of 194)

□□□□□□: 3:07:34

□□□□:

□□□□□: 12(of 44)

Senioren M45 (45-49 Jahre)

□□□□□□□: 3:33:12

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□	□□□	□□ -	□□ -	□□ □	□□ □
Runde	3.47	20:56	6:01	23	4:46	106	6:28	3.47	20:56	6:01	23	-	60	
Runde	3.47	20:06	5:47	18	4:05	83	5:30	6.94	41:02	5:54	23	-	60	
Runde	3.47	20:04	5:46	17	4:05	77	5:08	10.41	1:01:06	5:52	32	-	149	
Runde	3.47	20:56	6:01	19	4:26	80	5:50	13.88	1:22:02	5:54	23	-	46	
Runde	3.47	21:24	6:10	19	4:22	84	6:09	17.35	1:43:26	5:57	33	-	59	
Runde	3.47	21:33	6:12	18	4:37	79	6:07	20.82	2:04:59	6:00	42	-	179	
Runde	3.47	21:36	6:13	13	4:05	65	6:29	24.29	2:26:35	6:02	32	-	47	41:25
Runde	3.47	22:33	6:29	14	4:50	65	6:50	27.76	2:49:08	6:05	31	-	56	43:36
Runde	3.47	22:55	6:36	11	4:28	57	6:41	31.23	3:12:03	6:08	23	-	48	54:56
Runde	3.47	23:45	6:50	13	4:26	51	7:11	34.70	3:35:48	6:13	22	-	49	1:02:04
Runde	3.47	23:28	6:45	9	4:27	38	6:36	38.17	3:59:16	6:16	34	-	56	1:08:33
Runde	3.97	21:36	5:26	9	2:59	28	4:45	42.18	4:20:52	6:11	12	47:40	61	2:59:03