



# 12. Untertage-Sparkassen-Marathon

Brügman- Schacht, Sondershausen / 16.11.2013

□□□□

Reinecke, Ronny

□□□: 4:22:07

□□: Asphaltflechte

□□: 9.61 km/h

□□: 248

□□□□: 6:13 min/km

□□: 42.18 km

□□□□□/□□□: 64 (of 220)

Marathon

□□□□□/□: 61 (of 194)

□□□□□□: 3:07:34

□□□□:

□□□□□: 8(of 24)

Senioren M35 (35-39 Jahre)

□□□□□□□: 3:07:34

□□□□

□□□□

□□□

□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
Runde	3.47	20:23	5:52	9	5:55	87	5:55	3.47	20:23	5:52	17	2:20	63	
Runde	3.47	19:57	5:44	11	5:21	82	5:21	6.94	40:20	5:48	17	3:06	63	
Runde	3.47	19:38	5:39	9	4:42	65	4:42	10.41	59:58	5:45	17	2:47	146	
Runde	3.47	19:37	5:39	8	4:18	58	4:31	13.88	1:19:35	5:44	17	1:31	49	
Runde	3.47	20:05	5:47	9	4:47	63	4:50	17.35	1:39:40	5:44	16		62	
Runde	3.47	20:33	5:55	9	5:07	60	5:07	20.82	2:00:13	5:46	21		172	
Runde	3.47	21:34	6:12	10	6:27	64	6:27	24.29	2:21:47	5:50	17		50	36:37
Runde	3.47	22:15	6:24	11	6:32	60	6:32	27.76	2:44:02	5:54	13		59	38:30
Runde	3.47	23:27	6:45	9	7:13	65	7:13	31.23	3:07:29	6:00	14	26:45	49	50:22
Runde	3.47	24:28	7:03	8	7:51	64	7:54	34.70	3:31:57	6:06	13		52	58:13
Runde	3.47	25:40	7:23	9	8:41	73	8:48	38.17	3:57:37	6:13	14	33:10	59	1:06:54
Runde	3.97	24:30	6:10	10	7:39	61	7:39	42.18	4:22:07	6:12	9	1:47:20	64	3:00:18