



12. Untertage-Sparkassen-Marathon

Brügman- Schacht, Sondershausen / 16.11.2013

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Besold, Sandro

000: 4:22:07

00: Running Team Süßmann
00: 30

00: 9.61 km/h
0000: 6:13 min/km

00: 42.18 km
Marathon

00000/000: 65 (of 220)
00000/0: 61 (of 194)
000000: 3:07:34

0000:
Männer (20-29 Jahre)

00000: 7(of 13)
0000000: 3:23:57

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000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
Runde	3.47	20:01	5:46	8	3:48	69	5:33	3.47	20:01	5:46	7	2:13	61	
Runde	3.47	19:49	5:42	9	3:16	78	5:13	6.94	39:50	5:44	7	5:29	64	
Runde	3.47	19:55	5:44	8	3:21	73	4:59	10.41	59:45	5:44	7	8:50	59	
Runde	3.47	19:49	5:42	8	3:13	62	4:43	13.88	1:19:34	5:43	6	12:03	47	
Runde	3.47	20:04	5:46	7	2:54	60	4:49	17.35	1:39:38	5:44	7	14:57	60	
Runde	3.47	20:34	5:55	6	3:48	61	5:08	20.82	2:00:12	5:46	11	18:45	170	
Runde	3.47	23:07	6:39	8	5:56	91	8:00	24.29	2:23:19	5:54	7	24:41	48	38:09
Runde	3.47	21:49	6:17	6	4:43	52	6:06	27.76	2:45:08	5:56	7	29:24	60	39:36
Runde	3.47	22:49	6:34	5	5:50	53	6:35	31.23	3:07:57	6:01	12	35:14	185	50:50
Runde	3.47	23:59	6:54	5	7:25	55	7:25	34.70	3:31:56	6:06	7	42:39	50	58:12
Runde	3.47	24:59	7:11	6	8:07	61	8:07	38.17	3:56:55	6:12	6	22:52	57	1:06:12
Runde	3.97	25:12	6:20	7	7:24	77	8:21	42.18	4:22:07	6:12	7	58:10	64	3:00:18