



12. Untertage-Sparkassen-Marathon

Brügman- Schacht, Sondershausen / 16.11.2013

□□□□

Schmidt, Bernd

□□□: 4:32:34

□□: Geschwenda

□□: 9.25 km/h

□□: 12

□□□□: 6:28 min/km

□□: 42.18 km

□□□□□/□□□: 81 (of 220)

Marathon

□□□□□/□: 78 (of 194)

□□□□□□: 3:07:34

□□□□:

□□□□□: 9(of 38)

Senioren M50 (50-54 Jahre)

□□□□□□□: 3:42:15

□□□□

□□□□

□□□

□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□	□□□	□□ -	□□ -	□□ □	□□ □
Runde	3.47	21:16	6:07	20	5:24	118	6:48	3.47	21:16	6:07	28	0:22	80	
Runde	3.47	21:32	6:12	17	5:50	114	6:56	6.94	42:48	6:10	28		80	
Runde	3.47	22:18	6:25	19	6:12	128	7:22	10.41	1:05:06	6:15	32	13:58	170	
Runde	3.47	22:10	6:23	17	5:32	111	7:04	13.88	1:27:16	6:17	27		65	
Runde	3.47	22:13	6:24	17	5:25	103	6:58	17.35	1:49:29	6:18	26		79	4:11
Runde	3.47	22:31	6:29	13	5:30	97	7:05	20.82	2:12:00	6:20	27		70	2:27
Runde	3.47	23:05	6:39	13	5:40	89	7:58	24.29	2:35:05	6:23	27		67	49:55
Runde	3.47	23:05	6:39	10	5:14	78	7:22	27.76	2:58:10	6:25	27		76	52:38
Runde	3.47	23:35	6:47	9	4:39	66	7:21	31.23	3:21:45	6:27	27		59	1:04:38
Runde	3.47	24:33	7:04	8	3:03	66	7:59	34.70	3:46:18	6:31	30		69	1:12:34
Runde	3.47	24:48	7:08	9	3:39	54	7:56	38.17	4:11:06	6:34	38		188	1:20:23
Runde	3.97	21:28	5:24	4	0:31	27	4:37	42.18	4:32:34	6:27	9	50:19	81	3:10:45