



12. Untertage-Sparkassen-Marathon

Brügman- Schacht, Sondershausen / 16.11.2013

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Kröger, Oliver

□□: BSV Buxtehude

□□: 175

□□: 42.18 km

Marathon

□□□□:

Senioren M40 (40-44 Jahre)

□□□: 4:38:20

□□: 9.05 km/h

□□□□: 6:36 min/km

□□□□□/□□□: 92 (of 220)

□□□□□/□: 88 (of 194)

□□□□□□: 3:07:34

□□□□□: 24(of 42)

□□□□□□□: 3:33:09

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	km	□□	min/km	-	-	□	□	km	□□	min/km	-	-	□	□
Runde	3.47	21:21	6:09	29	5:02	121	6:53	3.47	21:21	6:09	3	1:03	90	
Runde	3.47	20:33	5:55	22	4:12	88	5:57	6.94	41:54	6:02	3		90	
Runde	3.47	20:17	5:50	20	3:49	79	5:21	10.41	1:02:11	5:58	35		153	
Runde	3.47	21:10	6:05	21	4:46	87	6:04	13.88	1:23:21	6:00	3		75	
Runde	3.47	21:57	6:19	22	5:52	98	6:42	17.35	1:45:18	6:04	3		1	-
Runde	3.47	22:09	6:22	21	5:18	90	6:43	20.82	2:07:27	6:07	4		79	
Runde	3.47	23:05	6:39	22	5:33	89	7:58	24.29	2:30:32	6:11	3		77	45:22
Runde	3.47	24:12	6:58	28	6:41	97	8:29	27.76	2:54:44	6:17	7		85	49:12
Runde	3.47	25:10	7:15	24	7:27	92	8:56	31.23	3:19:54	6:24	3		69	1:02:47
Runde	3.47	25:17	7:17	23	6:23	81	8:43	34.70	3:45:11	6:29	3		79	1:11:27
Runde	3.47	26:20	7:35	23	5:45	86	9:28	38.17	4:11:31	6:35	3		78	1:20:48
Runde	3.97	26:49	6:45	30	6:46	112	9:58	42.18	4:38:20	6:35	24	1:05:11	91	3:16:31