



12. Untertage-Sparkassen-Marathon

Brügman- Schacht, Sondershausen / 16.11.2013

□□□□

Götz, Volker

□□: Hoppegarten

□□: 98

□□: 42.18 km

Marathon

□□□□:

Senioren M50 (50-54 Jahre)

□□□: 4:41:49

□□: 8.94 km/h

□□□□: 6:41 min/km

□□□□□/□□□: 100 (of 220)

□□□□□/□: 94 (of 194)

□□□□□□: 3:07:34

□□□□□: 13(of 38)

□□□□□□□: 3:42:15

□□□□

□□□□

□□□

□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
Runde	3.47	20:36	5:56	15	4:44	96	6:08	3.47	20:36	5:56	32			96	
Runde	3.47	20:33	5:55	11	4:51	88	5:57	6.94	41:09	5:55	32			96	
Runde	3.47	21:07	6:05	12	5:01	96	6:11	10.41	1:02:16	5:58	30	11:08		154	
Runde	3.47	22:00	6:20	15	5:22	106	6:54	13.88	1:24:16	6:04	31			81	
Runde	3.47	21:52	6:18	14	5:04	94	6:37	17.35	1:46:08	6:07	30			95	0:50
Runde	3.47	22:38	6:31	14	5:37	99	7:12	20.82	2:08:46	6:11	29			84	
Runde	3.47	23:42	6:49	17	6:17	108	8:35	24.29	2:32:28	6:16	30			83	47:18
Runde	3.47	25:18	7:17	21	7:27	121	9:35	27.76	2:57:46	6:24	31			90	52:14
Runde	3.47	26:05	7:31	22	7:09	117	9:51	31.23	3:23:51	6:31	31			74	1:06:44
Runde	3.47	25:23	7:18	13	3:53	82	8:49	34.70	3:49:14	6:36	20			85	1:15:30
Runde	3.47	27:04	7:48	17	5:55	103	10:12	38.17	4:16:18	6:42	31			84	1:25:35
Runde	3.97	25:31	6:25	13	4:34	86	8:40	42.18	4:41:49	6:40	13	59:34		97	3:20:00