



12. Untertage-Sparkassen-Marathon

Brügman- Schacht, Sondershausen / 16.11.2013

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Simonis, Andrea

□□: Kelkheim
 □□: 273

□□: 42.18 km
 Marathon

□□□□:
 Seniorinnen W40 (40-44 Jahre)

□□□: 4:43:50

□□: 8.88 km/h
 □□□□: 6:44 min/km

□□□□□/□□□: 110 (of 220)

□□□□□/□: 7 (of 26)

□□□□□□: 3:50:37

□□□□□: 2(of 5)

□□□□□□□: 4:39:14

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	km	□□	min/km	-	-	□	□	km	□□	min/km	-	-	□	□
Runde	3.47	20:47	5:59	1	-	7	3:22	3.47	20:47	5:59	2	-	18	
Runde	3.47	21:15	6:07	2	0:11	9	3:46	6.94	42:02	6:03	2	-	18	
Runde	3.47	22:23	6:27	4	0:59	12	4:14	10.41	1:04:25	6:11	1	-	14	11:22
Runde	3.47	22:46	6:33	4	0:57	11	3:43	13.88	1:27:11	6:16	2	0:08	18	
Runde	3.47	22:40	6:31	3	0:32	8	3:43	17.35	1:49:51	6:19	2	0:34	16	14:05
Runde	3.47	23:53	6:52	3	1:00	9	4:24	20.82	2:13:44	6:25	2	1:34	18	
Runde	3.47	23:20	6:43	1	-	5	3:56	24.29	2:37:04	6:27	2	1:25	17	20:22
Runde	3.47	23:27	6:45	1	-	4	3:39	27.76	3:00:31	6:30	2	1:19	13	22:44
Runde	3.47	24:17	6:59	1	-	5	4:11	31.23	3:24:48	6:33	2	0:40	14	25:13
Runde	3.47	26:01	7:29	2	1:03	8	5:56	34.70	3:50:49	6:39	2	1:43	15	
Runde	3.47	26:39	7:40	3	1:43	10	6:20	38.17	4:17:28	6:44	2	3:26	17	
Runde	3.97	26:22	6:38	2	1:10	9	5:59	42.18	4:43:50	6:43	3	3:59:58	10	3:59:58