



12. Untertage-Sparkassen-Marathon

Brügman- Schacht, Sondershausen / 16.11.2013

□□□□

Bodenstein, Anne

□□□: 4:49:17

□□: sc impuls erfurt

□□: 8.71 km/h

□□: 40

□□□□: 6:52 min/km

□□: 42.18 km

□□□□□/□□□: 122 (of 220)

Marathon

□□□□□/□: 11 (of 26)

□□□□□□: 3:50:37

□□□□:

□□□□□: 4(of 5)

Seniorinnen W40 (40-44 Jahre)

□□□□□□□: 4:39:14

□□□□

□□□□

□□□

| □□□ | □□ km | □□ □□ | □□ min/km | □□ - | □□ - | □□ □ | □□ □ | □□□ km | □□□ □□ | □□□ min/km | □□ - | □□ - | □□ □ | □□ □ |
|-------|----------|----------|--------------|---------|---------|---------|---------|-----------|-----------|---------------|---------|---------|---------|---------|
| Runde | 3.47 | 21:49 | 6:17 | 3 | 1:02 | 10 | 4:24 | 3.47 | 21:49 | 6:17 | 4 | | 1 | - |
| Runde | 3.47 | 21:26 | 6:10 | 3 | 0:22 | 10 | 3:57 | 6.94 | 43:15 | 6:13 | 4 | | 1 | - |
| Runde | 3.47 | 21:57 | 6:19 | 3 | 0:33 | 10 | 3:48 | 10.41 | 1:05:12 | 6:15 | 4 | 0:47 | 22 | 12:09 |
| Runde | 3.47 | 22:32 | 6:29 | 3 | 0:43 | 9 | 3:29 | 13.88 | 1:27:44 | 6:19 | 4 | 0:41 | 14 | |
| Runde | 3.47 | 23:07 | 6:39 | 4 | 0:59 | 10 | 4:10 | 17.35 | 1:50:51 | 6:23 | 4 | 1:34 | 12 | 15:05 |
| Runde | 3.47 | 24:02 | 6:55 | 4 | 1:09 | 11 | 4:33 | 20.82 | 2:14:53 | 6:28 | 4 | 2:43 | 14 | |
| Runde | 3.47 | 23:55 | 6:53 | 4 | 0:35 | 9 | 4:31 | 24.29 | 2:38:48 | 6:32 | 4 | 3:09 | 13 | 22:06 |
| Runde | 3.47 | 24:50 | 7:09 | 3 | 1:23 | 9 | 5:02 | 27.76 | 3:03:38 | 6:36 | 4 | 4:26 | 12 | 25:51 |
| Runde | 3.47 | 25:56 | 7:28 | 4 | 1:39 | 10 | 5:50 | 31.23 | 3:29:34 | 6:42 | 4 | 5:26 | 12 | 29:59 |
| Runde | 3.47 | 26:25 | 7:36 | 3 | 1:27 | 10 | 6:20 | 34.70 | 3:55:59 | 6:48 | 4 | 6:53 | 11 | |
| Runde | 3.47 | 26:46 | 7:42 | 4 | 1:50 | 11 | 6:27 | 38.17 | 4:22:45 | 6:53 | 4 | 8:43 | 13 | |
| Runde | 3.97 | 26:32 | 6:41 | 3 | 1:20 | 10 | 6:09 | 42.18 | 4:49:17 | 6:51 | 5 | 4:05:25 | 14 | 4:05:25 |