



# 12. Untertage-Sparkassen-Marathon

Brügman- Schacht, Sondershausen / 16.11.2013

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Schulz, Johannes

□□□: 4:50:35

□□: LTF Marpingen

□□: 8.67 km/h

□□: 270

□□□□: 6:53 min/km

□□: 42.18 km

□□□□□/□□□: 125 (of 220)

Marathon

□□□□□/□: 114 (of 194)

□□□□□□: 3:07:34

□□□□:

□□□□□: 1(of 6)

Senioren M60 (60-64 Jahre)

□□□□□□□: 4:50:35

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| □□□   | □□   | □□    | □□     | □□ | □□    | □□  | □□    | □□□   | □□□     | □□□    | □□ | □□      | □□  | □□      |
|-------|------|-------|--------|----|-------|-----|-------|-------|---------|--------|----|---------|-----|---------|
|       | km   | □□    | min/km | -  | -     | □   | □     | km    | □□      | min/km | -  | -       | □   | □       |
| Runde | 3.47 | 21:16 | 6:07   | 1  | -     | 118 | 6:48  | 3.47  | 21:16   | 6:07   | 2  | -       | 80  |         |
| Runde | 3.47 | 21:53 | 6:18   | 1  | -     | 126 | 7:17  | 6.94  | 43:09   | 6:13   | 2  | -       | 114 |         |
| Runde | 3.47 | 21:24 | 6:10   | 1  | -     | 102 | 6:28  | 10.41 | 1:04:33 | 6:12   | 2  | -       | 97  |         |
| Runde | 3.47 | 21:07 | 6:05   | 1  | -     | 85  | 6:01  | 13.88 | 1:25:40 | 6:10   | 2  | -       | 99  |         |
| Runde | 3.47 | 21:26 | 6:10   | 1  | -     | 85  | 6:11  | 17.35 | 1:47:06 | 6:10   | 1  | -       | 113 | 1:48    |
| Runde | 3.47 | 21:22 | 6:09   | 1  | -     | 75  | 5:56  | 20.82 | 2:08:28 | 6:10   | 1  | -       | 96  |         |
| Runde | 3.47 | 21:13 | 6:06   | 1  | -     | 55  | 6:06  | 24.29 | 2:29:41 | 6:09   | 1  | -       | 101 | 44:31   |
| Runde | 3.47 | 22:47 | 6:33   | 1  | -     | 71  | 7:04  | 27.76 | 2:52:28 | 6:12   | 1  | -       | 100 | 46:56   |
| Runde | 3.47 | 23:38 | 6:48   | 1  | -     | 69  | 7:24  | 31.23 | 3:16:06 | 6:16   | 1  | -       | 92  | 58:59   |
| Runde | 3.47 | 25:46 | 7:25   | 1  | -     | 91  | 9:12  | 34.70 | 3:41:52 | 6:23   | 1  | -       | 103 | 1:08:08 |
| Runde | 3.47 | 28:53 | 8:19   | 2  | 1:26  | 139 | 12:01 | 38.17 | 4:10:45 | 6:34   | 1  | -       | 102 | 1:20:02 |
| Runde | 3.97 | 39:50 | 10:02  | 5  | 13:30 | 192 | 22:59 | 42.18 | 4:50:35 | 6:53   | 3  | 3:28:46 | 117 | 3:28:46 |