



12. Untertage-Sparkassen-Marathon

Brügman- Schacht, Sondershausen / 16.11.2013

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Rauhut, Sven

□□□: 4:51:46

□□: Sport Team auto-speicher

□□: 8.64 km/h

□□: 245

□□□□: 6:55 min/km

□□: 42.18 km

□□□□□/□□□: 130 (of 220)

Marathon

□□□□□/□: 119 (of 194)

□□□□□□: 3:07:34

□□□□:

□□□□□: 33(of 42)

Senioren M40 (40-44 Jahre)

□□□□□□□: 3:33:09

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
Runde	3.47	22:00	6:20	34	5:41	139	7:32	3.47	22:00	6:20	11	1:42	120		
Runde	3.47	23:39	6:48	40	7:18	173	9:03	6.94	45:39	6:34	11	3:38	120		
Runde	3.47	23:33	6:47	40	7:05	161	8:37	10.41	1:09:12	6:38	41	4:29	188		
Runde	3.47	23:57	6:54	40	7:33	163	8:51	13.88	1:33:09	6:42	11	7:02	105		
Runde	3.47	24:19	7:00	39	8:14	157	9:04	17.35	1:57:28	6:46	11	8:26	119	12:10	
Runde	3.47	24:30	7:03	37	7:39	146	9:04	20.82	2:21:58	6:49	10	9:28	100	12:25	
Runde	3.47	23:02	6:38	21	5:30	88	7:55	24.29	2:45:00	6:47	11	7:20	107	59:50	
Runde	3.47	23:48	6:51	24	6:17	86	8:05	27.76	3:08:48	6:48	42	4:23	189	1:03:16	
Runde	3.47	25:02	7:12	23	7:19	88	8:48	31.23	3:33:50	6:50	11	2:53	98	1:16:43	
Runde	3.47	25:51	7:26	24	6:57	94	9:17	34.70	3:59:41	6:54	11	2:51	109	1:25:57	
Runde	3.47	26:54	7:45	26	6:19	99	10:02	38.17	4:26:35	6:59	11	2:29	108	1:35:52	
Runde	3.97	25:11	6:20	21	5:08	76	8:20	42.18	4:51:46	6:55	33	1:18:37	122	3:29:57	