



12. Untertage-Sparkassen-Marathon

Brügman- Schacht, Sondershausen / 16.11.2013

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Rauhut, Sven

000: 4:51:46

00: Sport Team auto-speicher

00: 8.64 km/h

00: 245

0000: 6:55 min/km

00: 42.18 km

00000/000: 130 (of 220)

Marathon

00000/0: 119 (of 194)

000000: 3:07:34

0000:

00000: 33(of 42)

Senioren M40 (40-44 Jahre)

0000000: 3:33:09

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000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
Runde	3.47	22:00	6:20	34	5:41	139	7:32	3.47	22:00	6:20	11	1:42	120	
Runde	3.47	23:39	6:48	40	7:18	173	9:03	6.94	45:39	6:34	11	3:38	120	
Runde	3.47	23:33	6:47	40	7:05	161	8:37	10.41	1:09:12	6:38	41	4:29	188	
Runde	3.47	23:57	6:54	40	7:33	163	8:51	13.88	1:33:09	6:42	11	7:02	105	
Runde	3.47	24:19	7:00	39	8:14	157	9:04	17.35	1:57:28	6:46	11	8:26	119	12:10
Runde	3.47	24:30	7:03	37	7:39	146	9:04	20.82	2:21:58	6:49	10	9:28	100	12:25
Runde	3.47	23:02	6:38	21	5:30	88	7:55	24.29	2:45:00	6:47	11	7:20	107	59:50
Runde	3.47	23:48	6:51	24	6:17	86	8:05	27.76	3:08:48	6:48	42	4:23	189	1:03:16
Runde	3.47	25:02	7:12	23	7:19	88	8:48	31.23	3:33:50	6:50	11	2:53	98	1:16:43
Runde	3.47	25:51	7:26	24	6:57	94	9:17	34.70	3:59:41	6:54	11	2:51	109	1:25:57
Runde	3.47	26:54	7:45	26	6:19	99	10:02	38.17	4:26:35	6:59	11	2:29	108	1:35:52
Runde	3.97	25:11	6:20	21	5:08	76	8:20	42.18	4:51:46	6:55	33	1:18:37	122	3:29:57