



12. Untertage-Sparkassen-Marathon

Brügman- Schacht, Sondershausen / 16.11.2013

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Münster, Christian

□□□: 4:51:29

□□: HSV Medizin Magdeburg

□□: 8.65 km/h

□□: 208

□□□□: 6:55 min/km

□□: 42.18 km

□□□□□/□□□: 128 (of 220)

Marathon

□□□□□/□: 117 (of 194)

□□□□□□: 3:07:34

□□□□:

□□□□□: 32(of 42)

Senioren M40 (40-44 Jahre)

□□□□□□□: 3:33:09

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	km	□□	min/km	-	-	□	□	km	□□	min/km	-	-	□	□
Runde	3.47	20:18	5:51	22	3:59	82	5:50	3.47	20:18	5:51	1	-	123	
Runde	3.47	21:43	6:15	31	5:22	120	7:07	6.94	42:01	6:03	1	-	123	
Runde	3.47	21:46	6:16	24	5:18	109	6:50	10.41	1:03:47	6:07	37		158	
Runde	3.47	22:20	6:26	28	5:56	116	7:14	13.88	1:26:07	6:12	1	-	108	
Runde	3.47	22:55	6:36	29	6:50	116	7:40	17.35	1:49:02	6:17	1	-	122	3:44
Runde	3.47	23:28	6:45	30	6:37	116	8:02	20.82	2:12:30	6:21	1	-	64	2:57
Runde	3.47	25:10	7:15	35	7:38	130	10:03	24.29	2:37:40	6:29	1	-	110	52:30
Runde	3.47	26:45	7:42	37	9:14	147	11:02	27.76	3:04:25	6:38	1	-	104	58:53
Runde	3.47	26:32	7:38	34	8:49	122	10:18	31.23	3:30:57	6:45	1	-	101	1:13:50
Runde	3.47	25:53	7:27	25	6:59	96	9:19	34.70	3:56:50	6:49	1	-	112	1:23:06
Runde	3.47	27:16	7:51	31	6:41	109	10:24	38.17	4:24:06	6:55	1	-	111	1:33:23
Runde	3.97	27:23	6:53	31	7:20	115	10:32	42.18	4:51:29	6:54	32	1:18:20	120	3:29:40