



12. Untertage-Sparkassen-Marathon

Brügman- Schacht, Sondershausen / 16.11.2013

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Narvaez Vega, Jorge

□□□: 4:54:46

□□: Madrid

□□: 8.55 km/h

□□: 210

□□□□: 6:59 min/km

□□: 42.18 km

□□□□□/□□□: 138 (of 220)

Marathon

□□□□□/□: 126 (of 194)

□□□□□□: 3:07:34

□□□□:

□□□□□: 16(of 24)

Senioren M35 (35-39 Jahre)

□□□□□□□: 3:07:34

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□□□□

□□□

| □□□ | □□ km | □□ □□ | □□ min/km | □□ - | □□ - | □□ □ | □□ □ | □□□ | □□□ km | □□□ □□ | □□□ min/km | □□ - | □□ - | □□ □ | □□ □ |
|-------|----------|----------|--------------|---------|---------|---------|---------|-------|-----------|-----------|---------------|---------|---------|---------|---------|
| Runde | 3.47 | 20:57 | 6:02 | 12 | 6:29 | 107 | 6:29 | 3.47 | 20:57 | 6:02 | 9 | 2:54 | 128 | | |
| Runde | 3.47 | 21:00 | 6:03 | 16 | 6:24 | 100 | 6:24 | 6.94 | 41:57 | 6:02 | 9 | 4:43 | 128 | | |
| Runde | 3.47 | 21:54 | 6:18 | 17 | 6:58 | 114 | 6:58 | 10.41 | 1:03:51 | 6:08 | 20 | 6:40 | 160 | | |
| Runde | 3.47 | 22:00 | 6:20 | 16 | 6:41 | 106 | 6:54 | 13.88 | 1:25:51 | 6:11 | 9 | 7:47 | 76 | | |
| Runde | 3.47 | 22:00 | 6:20 | 14 | 6:42 | 99 | 6:45 | 17.35 | 1:47:51 | 6:12 | 8 | 7:46 | 127 | 2:33 | |
| Runde | 3.47 | 23:13 | 6:41 | 15 | 7:47 | 112 | 7:47 | 20.82 | 2:11:04 | 6:17 | 24 | 7:47 | 190 | 1:31 | |
| Runde | 3.47 | 25:02 | 7:12 | 16 | 9:55 | 127 | 9:55 | 24.29 | 2:36:06 | 6:25 | 9 | 8:23 | 115 | 50:56 | |
| Runde | 3.47 | 26:36 | 7:39 | 19 | 10:53 | 142 | 10:53 | 27.76 | 3:02:42 | 6:34 | 8 | 10:41 | 107 | 57:10 | |
| Runde | 3.47 | 26:43 | 7:41 | 16 | 10:29 | 127 | 10:29 | 31.23 | 3:29:25 | 6:42 | 8 | 48:41 | 106 | 1:12:18 | |
| Runde | 3.47 | 28:32 | 8:13 | 18 | 11:55 | 142 | 11:58 | 34.70 | 3:57:57 | 6:51 | 5 | 15:27 | 117 | 1:24:13 | |
| Runde | 3.47 | 28:47 | 8:17 | 19 | 11:48 | 135 | 11:55 | 38.17 | 4:26:44 | 6:59 | 8 | 1:02:17 | 116 | 1:36:01 | |
| Runde | 3.97 | 28:02 | 7:03 | 19 | 11:11 | 129 | 11:11 | 42.18 | 4:54:46 | 6:59 | 17 | 2:19:59 | 129 | 3:32:57 | |