



12. Untertage-Sparkassen-Marathon

Brügman- Schacht, Sondershausen / 16.11.2013

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Narvaez Vega, Jorge

□□□: 4:54:46

□□: Madrid

□□: 8.55 km/h

□□: 210

□□□□: 6:59 min/km

□□: 42.18 km

□□□□□/□□□: 138 (of 220)

Marathon

□□□□□/□: 126 (of 194)

□□□□□□: 3:07:34

□□□□:

□□□□□: 16(of 24)

Senioren M35 (35-39 Jahre)

□□□□□□□: 3:07:34

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
Runde	3.47	20:57	6:02	12	6:29	107	6:29	3.47	20:57	6:02	9	2:54	128		
Runde	3.47	21:00	6:03	16	6:24	100	6:24	6.94	41:57	6:02	9	4:43	128		
Runde	3.47	21:54	6:18	17	6:58	114	6:58	10.41	1:03:51	6:08	20	6:40	160		
Runde	3.47	22:00	6:20	16	6:41	106	6:54	13.88	1:25:51	6:11	9	7:47	76		
Runde	3.47	22:00	6:20	14	6:42	99	6:45	17.35	1:47:51	6:12	8	7:46	127	2:33	
Runde	3.47	23:13	6:41	15	7:47	112	7:47	20.82	2:11:04	6:17	24	7:47	190	1:31	
Runde	3.47	25:02	7:12	16	9:55	127	9:55	24.29	2:36:06	6:25	9	8:23	115	50:56	
Runde	3.47	26:36	7:39	19	10:53	142	10:53	27.76	3:02:42	6:34	8	10:41	107	57:10	
Runde	3.47	26:43	7:41	16	10:29	127	10:29	31.23	3:29:25	6:42	8	48:41	106	1:12:18	
Runde	3.47	28:32	8:13	18	11:55	142	11:58	34.70	3:57:57	6:51	5	15:27	117	1:24:13	
Runde	3.47	28:47	8:17	19	11:48	135	11:55	38.17	4:26:44	6:59	8	1:02:17	116	1:36:01	
Runde	3.97	28:02	7:03	19	11:11	129	11:11	42.18	4:54:46	6:59	17	2:19:59	129	3:32:57	