



12. Untertage-Sparkassen-Marathon

Brügman- Schacht, Sondershausen / 16.11.2013

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Schieferbein, Mike

□□□: 4:55:36

□□: Chaoten Team Chemnitz

□□: 8.53 km/h

□□: 262

□□□□: 7:01 min/km

□□: 42.18 km

□□□□□/□□□: 140 (of 220)

Marathon

□□□□□/□: 128 (of 194)

□□□□□□: 3:07:34

□□□□:

□□□□□: 35(of 42)

Senioren M40 (40-44 Jahre)

□□□□□□□: 3:33:09

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
Runde	3.47	19:57	5:44	15	3:38	67	5:29	3.47	19:57	5:44	14			129	
Runde	3.47	19:02	5:29	15	2:41	55	4:26	6.94	38:59	5:37	14			43	
Runde	3.47	22:52	6:35	36	6:24	141	7:56	10.41	1:01:51	5:56	34			151	
Runde	3.47	23:32	6:46	38	7:08	153	8:26	13.88	1:25:23	6:09	14			114	
Runde	3.47	22:33	6:29	24	6:28	106	7:18	17.35	1:47:56	6:13	14			128	2:38
Runde	3.47	24:12	6:58	36	7:21	133	8:46	20.82	2:12:08	6:20	13			106	2:35
Runde	3.47	25:53	7:27	38	8:21	146	10:46	24.29	2:38:01	6:30	14	0:21		116	52:51
Runde	3.47	25:37	7:22	35	8:06	126	9:54	27.76	3:03:38	6:36	11			108	58:06
Runde	3.47	27:10	7:49	35	9:27	132	10:56	31.23	3:30:48	6:44	14			107	1:13:41
Runde	3.47	27:47	8:00	33	8:53	129	11:13	34.70	3:58:35	6:52	14	1:45		118	1:24:51
Runde	3.47	28:52	8:19	35	8:17	138	12:00	38.17	4:27:27	7:00	14	3:21		117	1:36:44
Runde	3.97	28:09	7:05	36	8:06	134	11:18	42.18	4:55:36	7:00	35	1:22:27		131	3:33:47