



# 12. Untertage-Sparkassen-Marathon

Brügman- Schacht, Sondershausen / 16.11.2013

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**Mohr, Martin**

□□: Die Windhunde  
 □□: 200

□□: 42.18 km  
 Marathon

□□□□:  
 Senioren M40 (40-44 Jahre)

□□□: 5:10:51

□□: 8.11 km/h  
 □□□□: 7:22 min/km

□□□□□/□□□□: 168 (of 220)

□□□□□/□: 153 (of 194)

□□□□□□: 3:07:34

□□□□□: 37(of 42)

□□□□□□□: 3:33:09

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□□□□

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| □□□   | □□<br>km | □□<br>□□ | □□<br>min/km | □□<br>- | □□<br>- | □□<br>□ | □□<br>□ | □□□   | □□□<br>km | □□□<br>□□ | □□□<br>min/km | □□<br>- | □□<br>- | □□<br>□ | □□<br>□ |
|-------|----------|----------|--------------|---------|---------|---------|---------|-------|-----------|-----------|---------------|---------|---------|---------|---------|
| Runde | 3.47     | 24:02    | 6:55         | 41      | 7:43    | 177     | 9:34    | 3.47  | 24:02     | 6:55      | 16            | 3:44    | 155     | 0:51    |         |
| Runde | 3.47     | 23:16    | 6:42         | 38      | 6:55    | 163     | 8:40    | 6.94  | 47:18     | 6:48      | 16            | 5:17    | 155     | 0:37    |         |
| Runde | 3.47     | 22:57    | 6:36         | 37      | 6:29    | 142     | 8:01    | 10.41 | 1:10:15   | 6:44      | 42            | 5:32    | 190     |         |         |
| Runde | 3.47     | 23:37    | 6:48         | 39      | 7:13    | 155     | 8:31    | 13.88 | 1:33:52   | 6:45      | 16            | 7:45    | 140     |         |         |
| Runde | 3.47     | 23:46    | 6:50         | 38      | 7:41    | 143     | 8:31    | 17.35 | 1:57:38   | 6:46      | 16            | 8:36    | 152     | 12:20   |         |
| Runde | 3.47     | 25:20    | 7:18         | 38      | 8:29    | 162     | 9:54    | 20.82 | 2:22:58   | 6:52      | 15            | 10:28   | 131     | 13:25   |         |
| Runde | 3.47     | 26:36    | 7:39         | 39      | 9:04    | 163     | 11:29   | 24.29 | 2:49:34   | 6:58      | 16            | 11:54   | 142     | 1:04:24 |         |
| Runde | 3.47     | 27:14    | 7:50         | 38      | 9:43    | 154     | 11:31   | 27.76 | 3:16:48   | 7:05      | 12            | 12:23   | 128     | 1:11:16 |         |
| Runde | 3.47     | 27:54    | 8:02         | 36      | 10:11   | 146     | 11:40   | 31.23 | 3:44:42   | 7:11      | 16            | 13:45   | 133     | 1:27:35 |         |
| Runde | 3.47     | 29:32    | 8:30         | 36      | 10:38   | 156     | 12:58   | 34.70 | 4:14:14   | 7:19      | 16            | 17:24   | 130     | 1:40:30 |         |
| Runde | 3.47     | 28:34    | 8:13         | 33      | 7:59    | 131     | 11:42   | 38.17 | 4:42:48   | 7:24      | 16            | 18:42   | 143     | 1:52:05 |         |
| Runde | 3.97     | 28:03    | 7:03         | 35      | 8:00    | 131     | 11:12   | 42.18 | 5:10:51   | 7:22      | 37            | 1:37:42 | 156     | 3:49:02 |         |