



12. Untertage-Sparkassen-Marathon

Brügman- Schacht, Sondershausen / 16.11.2013

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Dotzauer, Michael

□□□: 5:12:43

□□: Rostige Kette erlangen

□□: 8.06 km/h

□□: 61

□□□□: 7:25 min/km

□□: 42.18 km

□□□□□/□□□: 170 (of 220)

Marathon

□□□□□/□: 155 (of 194)

□□□□□□: 3:07:34

□□□□:

□□□□□: 36(of 44)

Senioren M45 (45-49 Jahre)

□□□□□□□: 3:33:12

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
Runde	3.47	26:25	7:36	43	10:15	190	11:57	3.47	26:25	7:36	14	5:27	157	3:14	
Runde	3.47	24:07	6:57	43	8:06	183	9:31	6.94	50:32	7:16	14	9:14	157	3:51	
Runde	3.47	23:27	6:45	37	7:28	156	8:31	10.41	1:13:59	7:06	1	-	114	1:58	
Runde	3.47	24:01	6:55	38	7:31	169	8:55	13.88	1:38:00	7:03	14	14:54	142		
Runde	3.47	24:11	6:58	36	7:09	152	8:56	17.35	2:02:11	7:02	44	5:46	187	16:53	
Runde	3.47	24:56	7:11	35	8:00	154	9:30	20.82	2:27:07	7:03	15	6:15	133	17:34	
Runde	3.47	25:31	7:21	33	8:00	139	10:24	24.29	2:52:38	7:06	15	5:42	144	1:07:28	
Runde	3.47	26:22	7:35	31	8:39	139	10:39	27.76	3:19:00	7:10	12		130	1:13:28	
Runde	3.47	27:35	7:56	32	9:08	143	11:21	31.23	3:46:35	7:15	14	13:03	135	1:29:28	
Runde	3.47	28:13	8:07	29	8:54	137	11:39	34.70	4:14:48	7:20	14	10:29	132	1:41:04	
Runde	3.47	29:06	8:23	30	10:05	142	12:14	38.17	4:43:54	7:26	15	8:01	145	1:53:11	
Runde	3.97	28:49	7:15	32	10:12	143	11:58	42.18	5:12:43	7:24	36	1:39:31	158	3:50:54	