



# 12. Untertage-Sparkassen-Marathon

Brügman- Schacht, Sondershausen / 16.11.2013

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Kluge, Dietmar

□□: TV Wallau

□□: 163

□□: 42.18 km

Marathon

□□□□:

Senioren M45 (45-49 Jahre)

□□□: 5:19:49

□□: 7.88 km/h

□□□□: 7:35 min/km

□□□□□/□□□: 183 (of 220)

□□□□□/□: 166 (of 194)

□□□□□□: 3:07:34

□□□□□: 39(of 44)

□□□□□□□: 3:33:12

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	km	□□	min/km	-	-	□	□	km	□□	min/km	-	-	□	□
Runde	3.47	21:15	6:07	28	5:05	117	6:47	3.47	21:15	6:07	17	0:17	168	
Runde	3.47	20:37	5:56	22	4:36	93	6:01	6.94	41:52	6:01	17	0:34	168	
Runde	3.47	21:40	6:14	27	5:41	107	6:44	10.41	1:03:32	6:06	12		102	
Runde	3.47	22:54	6:35	30	6:24	130	7:48	13.88	1:26:26	6:13	17	3:20	153	
Runde	3.47	23:54	6:53	34	6:52	147	8:39	17.35	1:50:20	6:21	17		164	5:02
Runde	3.47	25:03	7:13	36	8:07	155	9:37	20.82	2:15:23	6:30	18		144	5:50
Runde	3.47	26:49	7:43	39	9:18	168	11:42	24.29	2:42:12	6:40	18		155	57:02
Runde	3.47	28:26	8:11	40	10:43	171	12:43	27.76	3:10:38	6:52	14		140	1:05:06
Runde	3.47	32:10	9:16	43	13:43	184	15:56	31.23	3:42:48	7:08	17	9:16	146	1:25:41
Runde	3.47	31:52	9:11	42	12:33	175	15:18	34.70	4:14:40	7:20	16	10:21	141	1:40:56
Runde	3.47	32:36	9:23	42	13:35	178	15:44	38.17	4:47:16	7:31	18	11:23	156	1:56:33
Runde	3.97	32:33	8:11	40	13:56	177	15:42	42.18	5:19:49	7:34	39	1:46:37	169	3:58:00