



12. Untertage-Sparkassen-Marathon

Brügman- Schacht, Sondershausen / 16.11.2013

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Willinger, Christian

□□□: 5:22:10

□□: Warum Nur ???

□□: 7.82 km/h

□□: 335

□□□□: 7:38 min/km

□□: 42.18 km

□□□□□/□□□: 187 (of 220)

Marathon

□□□□□/□: 170 (of 194)

□□□□□□: 3:07:34

□□□□:

□□□□□: 13(of 13)

Männer (20-29 Jahre)

□□□□□□□: 3:23:57

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	km	□□	min/km	-	-	□	□	km	□□	min/km	-	-	□	□
Runde	3.47	24:36	7:05	12	8:23	185	10:08	3.47	24:36	7:05	13	6:48	172	1:25
Runde	3.47	23:42	6:49	12	7:09	176	9:06	6.94	48:18	6:57	13	13:57	172	1:37
Runde	3.47	24:20	7:00	12	7:46	176	9:24	10.41	1:12:38	6:58	13	21:43	127	0:37
Runde	3.47	23:56	6:53	12	7:20	162	8:50	13.88	1:36:34	6:57	10	29:03	136	
Runde	3.47	24:11	6:58	11	7:01	152	8:56	17.35	2:00:45	6:57	12	36:04	168	15:27
Runde	3.47	24:25	7:02	11	7:39	140	8:59	20.82	2:25:10	6:58	10	43:43	148	15:37
Runde	3.47	25:05	7:13	11	7:54	128	9:58	24.29	2:50:15	7:00	11	51:37	138	1:05:05
Runde	3.47	26:49	7:43	11	9:43	150	11:06	27.76	3:17:04	7:05	13	1:01:20	144	1:11:32
Runde	3.47	31:22	9:02	13	14:23	181	15:08	31.23	3:48:26	7:18	10	1:15:43	150	1:31:19
Runde	3.47	33:06	9:32	13	16:32	182	16:32	34.70	4:21:32	7:32	12	1:32:15	145	1:47:48
Runde	3.47	32:45	9:26	13	15:53	181	15:53	38.17	4:54:17	7:42	12	1:20:14	160	2:03:34
Runde	3.97	27:53	7:01	9	10:05	127	11:02	42.18	5:22:10	7:38	13	1:58:13	173	4:00:21