



12. Untertage-Sparkassen-Marathon

Brügman- Schacht, Sondershausen / 16.11.2013

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Weisener, Elke

□□□: 2:35:28

□□: LT Nauen-Falkensee

□□: 8.10 km/h

□□: 327

□□□□: 7:17 min/km

□□: 21.34 km

□□□□□/□□□: 38 (of 62)

Halbmarathon

□□□□□/□: 4 (of 11)

□□□□□□: 2:05:22

□□□□:

□□□□□: 1(of 3)

Seniorinnen W55 (55-59 Jahre)

□□□□□□□: 2:35:28

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	km	□□	min/km	-	-	□	□	km	□□	min/km	-	-	□	□
Runde	3.47	24:56	7:11	2	0:37	7	6:09	3.47	24:56	7:11	1	-	3	3:32
Runde	3.47	24:46	7:08	1	-	4	4:08	6.94	49:42	7:09	1	-	3	7:13
Runde	3.47	25:48	7:26	2	0:37	5	4:26	10.41	1:15:30	7:15	1	-	1	-
Runde	3.47	24:17	6:59	1	-	4	2:51	13.88	1:39:47	7:11	1	-	3	13:32
Runde	3.47	26:53	7:44	1	-	6	5:19	17.35	2:06:40	7:18	1	-	3	17:31
Runde	3.97	28:48	7:15	1	-	8	7:13	21.34	2:35:28	7:17	1	-	4	30:06